

Teaching Internships –
Primary Nutrition and Hygiene Education
with CRACYP
for Progreso Verde (“Green Progress”)



2012

Introduction

This document should be read in conjunction with the Internship Information Pack available at www.progresoverde.org/internship.html

CRACYP works in rural communities in the Cotopaxi, Bolivar, and Los Rios provinces of Ecuador, and nutrition and hygiene education are a high priority for the organization in this area. Due to cultural practices and lack of education, malnutrition is a common problem in rural communities. Most people eat meals consisting of mainly starch in at least one form (often 3 or 4) and a small amount of fatty, fried meat; their meals tend to be heavy on simple carbohydrates and fat but low in protein, complex carbohydrates and vitamins. Hygiene education, especially dental hygiene, is lacking in the region leading to preventable health problems such as rotting teeth in even young children.

Objectives

We need teaching interns with experience in primary school education to implement nutrition and hygiene programs in schools in CRACYP communities. Several nutrition lessons have already been developed: some have been successfully tested in Jilimbí, while others have yet to be implemented; interns may work on presenting these in new communities or may create additional presentations to add to the portfolio. No hygiene lessons or workshops have been developed yet, so interns could work on creating and implementing them in the surrounding communities.

All lessons should be interactive yet simple - class groups here include a wide range of ages and abilities. Interns should also create a simple, clear lesson plan for each one so that future interns and volunteers can reuse the same material at other locations.

Location

You will be based in the picturesque little village of Jilimbí in Bolivar Province, close to the border with Cotopaxi Province. The nearest town you might find on a map is Moraspungo, about an hour's journey up into the mountains from the main road between Quevedo and Ventanas. You will work in various communities with a CRACYP presence near the border between the Bolivar and Cotopaxi provinces.

Requirements

Teaching interns should either be in a teaching program or have past teaching experience; alternatively, applicants with experience in community development, particularly in community nutrition and hygiene education programs will be considered. Interns should either be fairly independent or else have access to advice by email from their university or other sources (e.g. health organization, former employer, etc.), if needed. CRACYP's Volunteer Coordinator has some experience with health and nutrition education, and she will be available for support such as translation if needed. Spanish language skills are very important for this role, though there is also the possibility to design and teach simple modules in English with hygiene/nutrition concepts previously presented in Spanish. Interns should also be fit enough to walk between communities as local transport is limited or non-existent in much of the area.

This post could also be available as a volunteer opportunity rather than an internship, for those not requiring to use the experience as part of their studies – in this case, download the Volunteer Information Pack from www.progresoverde.org/volunteer_ecuador.html.

How to Apply

Read the Internship Information Pack or Volunteer Information Pack for details of how to apply.

